

Estado da publicação: O preprint foi submetido para publicação em um periódico

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<https://doi.org/10.1590/SciELOPreprints.12479>

Submetido em: 2025-07-02

Postado em: 2025-07-04 (versão 1)

(AAAA-MM-DD)

**Plant residue quality indices: a methodological approach for evaluating summer
cover crops under tropical climates**

Índices de qualidade do resíduo vegetal: uma abordagem metodológica para a avaliação de
plantas de cobertura de verão em climas tropicais

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ABSTRACT:

23 The success of conservation agriculture in tropical environments depends on crop rotations that
24 ensure adequate quantity and quality of phytomass for persistent soil cover. The objective of this
25 study was to evaluate biomass decomposition and nitrogen (N) release by summer cover crop species,
26 employing distinct indices to assess their plant residues in terms of accumulated N release (NAR) and
27 remaining dry matter (RDM). The experiment was conducted on a “Nitossolo Eutrófico” at the “Luiz
28 de Queiroz” College of Agriculture, in a randomized block design with five treatments and four
29 replicates. Treatments consisted of plant residues from sunn hemp (*Crotalaria juncea* L.), jack bean
30 (*Canavalia ensiformis* (L.) DC.), Congo grass (*Urochloa ruziziensis* L.), pearl millet (*Pennisetum*
31 *glaucum* L.), and maize (*Zea mays* L.). Biomass decomposition and N release were assessed using
32 nylon litter bags, with samplings conducted at 15, 30, 60, and 90 days after crop termination. The
33 legume species exhibited the highest N release rates, while among grasses, pearl millet had the highest
34 NAR and the greatest RDM after 90 days. A significant linear correlation was found between the
35 Plant Residue Quality Index (PRQI) and the rates of biomass decomposition and N release. At the
36 same time, the Residual Biomass Quality Index (RBQI) identified tropical forages as more efficient
37 in balancing NAR and RDM throughout the experimental period. These findings can support cover
38 crop selection in tropical rotations aiming at synchronized N release and persistent soil cover.

39 **Key-words:** Nitrogen mineralization, Biomass decomposition rate, No-till system, Carbon-to-
40 nitrogen ratio, Crop rotation

41

RESUMO:

42 O sucesso da agricultura conservacionista em ambientes tropicais depende de rotações de
43 cultura que forneçam fitomassa sobre o solo em quantidade e qualidade suficientes para
44 assegurar sua cobertura contínua. O objetivo deste estudo foi avaliar a decomposição da
45 biomassa e a liberação de nitrogênio (N) de espécies de plantas de cobertura de verão,
46 empregando-se índices distintos para qualificação de seus resíduos vegetais em termos de
47 liberação cumulativa de N (LCN) e massa seca remanescente (MSR). O experimento foi
48 conduzido em um Nitossolo Eutrófico na Escola Superior de Agricultura “Luiz de Queiroz”,
49 em blocos casualizados com cinco tratamentos e quatro repetições. Os tratamentos foram
50 constituídos de resíduos vegetais de cinco espécies: crotalária-júncea (*Crotalaria juncea* L.),
51 feijão-de-porco (*Canavalia ensiformis* (L.) DC.), braquiária ruziziensis (*Urochloa ruziziensis*
52 L.), milheto (*Pennisetum glaucum* L.) e milho (*Zea mays* L.). A decomposição de biomassa e a
53 liberação de N foram avaliados por meio de sacolas de náilon, com coletas aos 15, 30, 60 e 90
54 dias após o manejo das espécies. As leguminosas apresentaram as maiores taxas de liberação
55 de N, enquanto, entre as gramíneas, o milheto apresentou os maiores valores de LCN e de MSR
56 ao final de 90 dias. Foi observada correlação linear significativa entre o índice de qualidade do
57 resíduo vegetal (IQRV) e as taxas de decomposição de biomassa e taxa de liberação de N.
58 Simultaneamente, o índice de qualidade da biomassa residual (IQBR) permitiu distinguir as
59 forrageiras tropicais como mais eficientes em equilibrar a LCN e a MSR ao longo do período
60 experimental. Esses resultados podem subsidiar a escolha de plantas de cobertura em rotações
61 tropicais visando à liberação sincronizada de N e à manutenção da cobertura do solo.

62 **Palavras-chave:** Mineralização de nitrogênio, Taxa de decomposição de biomassa, Sistema
63 plantio direto, Relação carbono-nitrogênio, Rotação de culturas

64 1. INTRODUCTION

65 The success of conservation agriculture in tropical environments depends on crop
66 rotations that ensure adequate quantity and quality of phytomass for persistent soil cover. High-
67 quality mulch plays a critical role in reducing water loss through evaporation (Chang et al.,
68 2023), thereby contributing to the development of production systems more resilient to the
69 effects of climate change (Souza et al., 2025). From this perspective, the integration of cover
70 crops (CC) species into rotation systems has been proposed as an effective strategy to achieve
71 these objectives (Rigon; Franzluebbbers & Calonego, 2020). These plants offer several
72 advantages, including the diversification of soil microorganisms, nutrient cycling, and the
73 provision of substantial amounts of nitrogen (N) to cash crops (Hahn et al., 2024).

74 The decomposition and nutrient release from crop residues are regulated by both
75 intrinsic and extrinsic factors inherent to the plant material. Intrinsic factors include the carbon-
76 to-nitrogen (C/N) ratio, lignin content, and polyphenol concentration, which directly influence
77 residue quality (Canalli et al., 2020; Tian, Brussaard & Kang, 1995; Weiler et al., 2022). These
78 chemical attributes interact with extrinsic factors such as climatic conditions, soil microbial
79 activity, and the phenological stage at termination (e.g., flowering or grain-filling), collectively
80 determining decomposition rates, as well as N immobilization and mineralization from plant
81 residues (Keene et al., 2017; São Miguel et al., 2018). Consequently, litter decomposition
82 patterns vary among species from different botanical families, such as Fabaceae and Poaceae,
83 which typically exhibit contrasting effects on soil cover maintenance and N cycling (Chang et
84 al., 2023; Saadat et al., 2025; Hahn et al., 2024; Kim et al., 2025).

85 Despite the widely recognized benefits of CC, uncertainty remains among technicians
86 and farmers regarding the most suitable species for rotation systems (Alonso-Ayuso et al.,
87 2020). Considering the predominant no-tillage production system in the Brazilian Midwest,
88 based on the succession of soybean (*Glycine max* (L.) Merrill) and maize (*Zea mays* L.), an

89 optimal CC could be characterized by its capacity to produce the highest possible amount of
90 residual dry matter (RDM) on the soil surface, thereby minimizing water loss through
91 evaporation, and to release the maximum amount of N, a major yield gap to cash crops (Cassol
92 et al., 2023; Tittonell & Giller, 2013). In this regard, Souza et al. (2025) emphasize the crucial
93 role of CC with these characteristics as key components of climate-smart agriculture, essential
94 for ensuring yield and soil health production systems of the Brazilian “Cerrado”.

95 Similarly, Cassol et al. (2023) proposed a conceptual model for production systems in
96 southern Brazil, in which elevated values of a residual biomass quality index (RBQI) indicate
97 CC that achieve an optimal balance between N release and biomass persistence on the soil
98 surface. Consequently, RBQI could serve as a valuable tool for evaluating the equilibrium in
99 the provision of these ecosystem services, aiding in the selection of suitable CC for tropical
100 rotation systems. Additionally, this index may serve for assessing the extent of conservation
101 practices adopted by farmers in Brazilian “Cerrado” agriculture, encouraging the inclusion of
102 CC species during the window between the harvest of off-season maize and before soybean
103 sowing (Possamai et al., 2022; Saadat et al., 2025; Telles et al., 2020).

104 However, few studies have assessed the quality of plant residues from CC adapted to
105 tropical environments. Traditional indices, such as the Plant Residue Quality Index (PRQI)
106 (Tian, Brussaard & Kang, 1995), were initially developed to link the chemical traits of plant
107 residues (mainly from agroforestry and forage species) to their decomposition and N release,
108 but without specific validation for CC. More recently, the Residue Biomass Quality Index
109 (RBQI) was introduced for evaluating residue quality in winter CC under subtropical climates
110 (Cassol et al., 2023). Thus, we hypothesized that both indices could also be reliably applied to
111 summer CC in tropical regions, offering consistent predictions of biomass breakdown and N
112 release. In this context, the present study aimed to test the applicability of PRQI and RBQI for

113 summer CC species, focusing on: (i) biomass decomposition dynamics, (ii) N release to
114 subsequent cash crops, and (iii) initial chemical characteristics of the residues.

115 2. MATERIALS AND METHODS

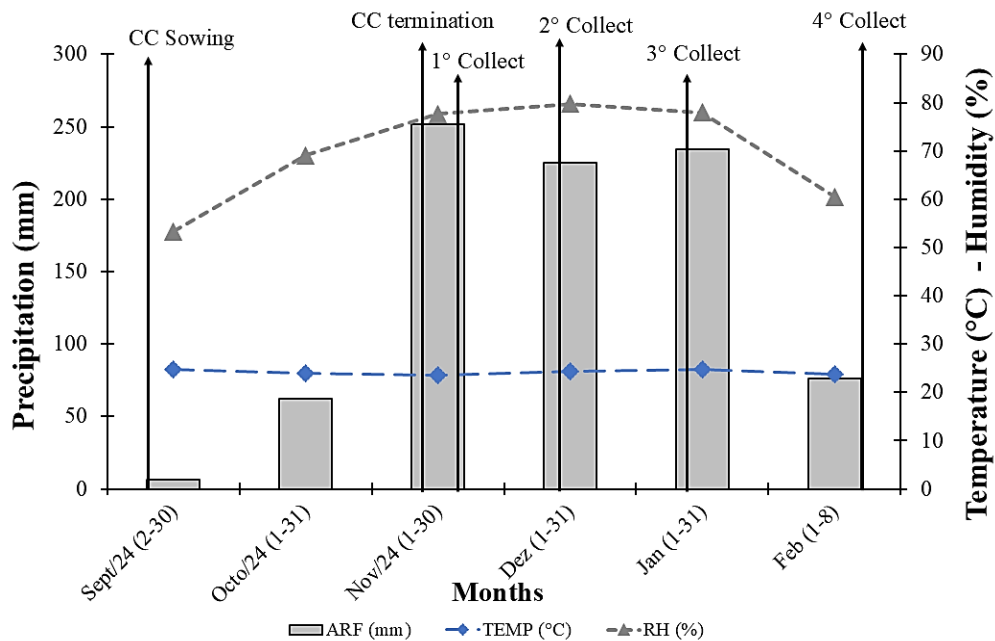
116 2.1 Experimental site and design

117 This study was conducted between September 2024 and February 2025, in the
118 experimental area of the Crop Science Department (LPV) at the "Luiz de Queiroz" College of
119 Agriculture (ESALQ), University of São Paulo (USP), in Piracicaba-SP, Brazil (22° 42' 17.53"
120 S, 47° 38' 8.33" W, 553 m). The region's climate is classified as tropical (Cwa) according to the
121 Köppen system, with an average annual precipitation of 1328 mm and a mean temperature of
122 26.2°C (Alvares et al., 2013). This climate has two distinct seasons: a warm, rainy summer
123 (October-March) and a cooler, dry winter (April-September). Weather data were recorded by
124 an automatic station located 1.3 km from the experimental site (Figure 1).

125 The soil was classified as a "Nitossolo Eutrótico Típico de textura argilosa" (Santos et
126 al., 2018), and its chemical properties were assessed in the 0-0.20 m layer prior to CC sowing,
127 following the methodology of Raij et al. (2001): Ca = 108.2 mmolC dm⁻³; Mg = 29.4 mmolC
128 dm⁻³; K = 8.7 mmolC dm⁻³; Al = 0.0 mmolC dm⁻³; H + Al = 24.4 mmolC dm⁻³; P = 16.2 mg
129 dm⁻³; S = 146 mg dm⁻³; Cu = 5.9 mg dm⁻³; Fe = 22.8 mg dm⁻³; Mn = 15.7 mg dm⁻³; Zn = 2.1
130 mg dm⁻³; B = 0.36 mg dm⁻³; pH CaCl₂ = 5.45; m = 0.00; MO = 26 mg dm⁻³; CTC = 170.7
131 mmolC dm⁻³; SB = 146.3 mmolC dm⁻³; V = 86%.

132 The experiment was arranged in a randomized block design with four blocks, each
133 containing one replicate (litter bag) of five CC species. Residue decomposition and N release
134 were evaluated at four sampling periods (15, 30, 60, and 90 days after species termination),
135 totaling 80 experimental units (5 species × 4 blocks × 4 sampling times). To produce the plant

136 residues, all CC species were manually sown (without base fertilizer) on September 2, 2024.
 137 Sowing densities and row spacings were defined according to Lima-Filho et al. (2023).



138 **Figure 1:** Accumulated rainfall (ARF), mean air temperature (TEMP), and mean relative humidity (RH), recorded
 139 in the automatic weather station of ESALQ/USP during the experimental period.
 140

141 The experimental area management included manual weeding up to 30 days after CC
 142 sowing (DAS), along with supplemental sprinkler irrigation applied exclusively during
 143 September, in response to low rainfall recorded in that month (Figure 1). Irrigation was
 144 performed daily for 10 minutes, delivering an estimated water of approximately 0.6 mm per
 145 event, based on an application rate of 3.6 mm h⁻¹ for conventional sprinkler systems.

146 2.2 Biomass parameters

147 At 68 DAS (November 10, 2024), all CC were terminated with a knife roller and left
 148 over the soil as mulch. Shoot fresh matter (SFM) was determined by collecting five 0.25 m²
 149 samples per specie and weighing them in the field. Samples were then oven-dried at 65°C for
 150 72 h to obtain shoot dry matter (SDM). The initial chemical composition of the CC was
 151 analyzed descriptively after grinding the material (0.5 mm sieve), using a representative mixture
 152 of stems, leaves, and flowers in the same field proportions produced by the species (Table 1).

153 Carbon content was standardized at 40% of dry matter, an average value well supported
 154 in the literature for its consistency and broad applicability to tropical grasses and legumes used
 155 as green manure (Lovato et al., 2004; Medina et al., 2013; Palm et al., 2001). Total soluble
 156 polyphenols were determined using the Folin-Denis method (Anderson & Ingram, 1996; Gama-
 157 Rodrigues et al., 2007), while lignin content was analyzed following the sequential procedure
 158 described by Van Soest, Robertson, & Lewis (1991). N determination was performed according
 159 to the methodology proposed by Tedesco et al. (1995).

160 **Table 1:** Average ($n = 5$) of biomass production of cover crops terminate at the flowering and vegetative stages
 161 (68 DAS) and initial chemical characteristics of the plant residues. Piracicaba-SP, Brazil.

Species	Shoot matter				Chemical characteristics		
	FM	DM	C	N	C/N	LIG	POL
	----- (Mg ha ⁻¹) -----			kg ha ⁻¹	---	----- (%) -----	
<i>Pennisetum glaucum</i> **	43.0	14.1	5.6	217.0	25.9	4.8	0.4
<i>Urochloa ruziziensis</i> *	27.8	9.8	3.9	138.7	28.3	2.4	1.2
<i>Crotalaria juncea</i> **	32.5	8.5	3.4	245.4	13.9	3.5	0.6
<i>Zea mays</i> *	16.1	4.9	2.0	61.8	32.3	7.6	0.3
<i>Canavalia ensiformis</i> *	14.4	2.8	1.1	104.8	10.8	2.7	2.1

162 FM: Fresh matter; DM: Dry matter; C: Carbon; N: Nitrogen; C/N: Carbon/Nitrogen ratio; LIG: Lignin; POL: Total
 163 soluble polyphenols; (*) Species terminated at the vegetative and (**) at the flowering stage. Values in this table
 164 represent total field biomass and N content, which differ from day 0 litter bag values due to the use of smaller,
 165 standardized, and proportionally scaled subsamples following the litter bag methodology.

166 The decomposition and N release from the CC plant residues were evaluated using the
 167 litter bag method, as outlined by Keuskamp et al. (2013) and Cassol et al. (2023). Nylon litter
 168 bags with a mesh size of 4 mm and dimensions of 16×20 cm (0.032 m²) were used, permitting
 169 the passage of microorganisms, worms and other invertebrates. The initial fresh matter (IFM)
 170 placed in the litter bags was proportional to the SFM of each species, aiming to evaluate the
 171 quantity and quality of the CC residues produced for lasting soil cover and N release (Eq. 1).

$$172 \quad IFM \left(\frac{SFM}{\text{"litter bag"}} \right) = (SFM \text{ kg ha}^{-1} / 10,000 \text{ m}^2) \times 0,032 \text{ m}^2 \quad (1)$$

173 It is known that pre-drying plant residues before decomposition experiments can alter
 174 decomposition rates and delay N release during the initial evaluation period (Doneda et al.,
 175 2012; Thapa et al., 2022). To mitigate this effect, the equivalent dry matter (EDM) of each

176 species' IFM was determined by drying four samples at 65 °C for 72 hours, with subsequent N
177 content (ENC) calculated by Tedesco et al. (1995). Additionally, following the approach
178 adopted by Saadat et al. (2025), fresh plant residues were directly placed in nylon mesh litter
179 bags to better simulate field conditions. To further enhance representativeness, the same fresh
180 proportions of leaves, stems, flowers, and branches observed in the field were maintained and
181 conditioned within the litter bags, as recommended by Mangaravite et al. (2023).

182 Thus, immediately after the CC termination, litter bags containing the fresh plant
183 residues were evenly distributed across the soil surface within the four experimental blocks.
184 The collection times were set at 15, 30, 60 and 90 days after CC termination (DAT), with four
185 bags per species retrieved at each interval. The evaluation period was based on previous studies,
186 which employed durations of 90 to 120 days (Sodré-Filho et al., 2024; Torres et al., 2021; Thapa
187 et al., 2022). Decomposition degree days (DDD) were calculated according to Singh et al.
188 (2020), to normalize time based on daily air temperature (Eq. 2):

$$189 \quad DDD = [(T_{max} + T_{min})/2] - T_{base} \quad (2)$$

190 where Tmax and Tmin are daily maximum and minimum air temperature, respectively, and
191 Tbase is the base temperature according to McMaster & Wilhelm (1997). For days when Tmax
192 or Tmin air temperature was less than Tbase, the Tmax or Tmin was equal to Tbase. For days
193 when Tmax was greater than 30°C, it was used the value of 30°C.

194 After retrieval, the bag contents were manually sorted to remove soil particles and
195 organisms, then dried in an oven at 65°C until reaching a constant mass to obtain the RDM.
196 The decomposition rate (K) and nitrogen release rate (KN) of the CC plant residues were
197 calculated from the values of RDM and remaining nitrogen content (RN) obtained at each
198 collection period, which were adjusted to the exponential model (Eq. 3) proposed by Thomas
199 & Asakawa (1993), using the Sigma Plot[®] Software (version 2014).

$$200 \quad x_t = x_0 \cdot e^{-kt} \quad (3)$$

201 where: x_t = dry biomass (g) or nitrogen content (g kg^{-1}) of the plant residue remaining on the
 202 soil surface after t days; x_0 = dry biomass (g) or nitrogen content (g kg^{-1}) of the plant residue
 203 packed inside the litter bag on day zero; t = time in days and K = decomposition rate or nitrogen
 204 release rate (K_N). The half-life of CC residues, indicating the time required for half of the initial
 205 material to decompose and release half of the initial N content, was calculated using the
 206 decomposition (K) and nitrogen release (K_N) rates (Eq. 4).

$$207 \quad T_{1/2} \text{ and } N_{1/2} = \ln(2)/kt \quad (4)$$

208 where: $T_{1/2}$ = plant residue half-life; $N_{1/2}$ = nitrogen release half-life; t = time in days; K =
 209 biomass decomposition rate or nitrogen release rate (K_N) obtained from fitting the non-linear
 210 model. The nitrogen accumulated release (NAR), in Kg ha^{-1} , was measured according to
 211 Doneda et al. (2012), by analyzing the content of this nutrient in the initial dry matter contained
 212 in the litter bags and on each collection date. The methodology for determining the N content
 213 in the plant residues was also carried out according to Tedesco et al. (1995).

214 **2.3 Calculation of plant residue quality indices**

215 Two methodologies were used to determine the quality of the summer CC plant residues.
 216 The approach proposed by Cassol et al. (2023) relies on the Residual Biomass Quality Index
 217 (RBQI), a tool based on the Remaining Dry Mass Index (RDMI) on the soil surface and the
 218 Nitrogen Release Index (NRI) after the species have been managed for some period. In this
 219 way, RBQI values classify the quality of CC residues on a scale ranging from 0 to 1, where a
 220 higher value corresponds to a better balance between two ecosystemic services: N release and
 221 the permanence of crop residues on the soil surface (Eq. 5).

$$222 \quad RBQI = RDMI \times NRI \quad (5)$$

223 To obtain the RDMI, the highest RDM value among the CC evaluated was set at 100%,
224 as the ideal condition of soil coverage by the crop residues at the end of the 90-day evaluation.
225 Similarly, NRI was determined based on the highest NAR value among the CC evaluated, which
226 was defined as 100%, representing the ideal condition of N release by the crop residues at the
227 end of the evaluation period. To compare the results obtained in determining RBQI, the index
228 proposed by Tian, Brussaard & Kang (1995) was also analyzed descriptively (Eq. 6).

$$229 \quad PRQI = \left[1 / \left(a \times \frac{C}{N} + b \times Lignin + c \times Polyphenols \right) \times 100 \right] \quad (6)$$

230 where: PRQI = Plant Residue Quality Index; a (0.423), b (0.439), and c (0.138) are coefficients
231 representing the relative contribution of the C/N ratio, lignin content (%), and polyphenol
232 concentration (%) to the quality of the plant residues, respectively.

233 2.4 Statistical analyses

234 After applying square root transformation (\sqrt{x}), the dataset met the assumptions of
235 normality (Lilliefors test, $p > 0.05$, “nortest package”) and homogeneity of variances (Levene’s
236 test, $p > 0.05$, “car package”). Subsequently, ANOVA was conducted ($p < 0.05$), followed by
237 Tukey’s test at 5% significance for mean comparisons within each sampling time (15, 30, 60,
238 and 90 days), using the “agricolae package”. Additionally, effect size (η^2) was estimated for
239 each sampling period using the “effectsize package”, providing a complementary interpretation
240 to the p -values (Cohen, 1988). All statistical analyses were performed in RStudio® (4.2.2),
241 while regression models describing decomposition and N release dynamics, and the relationship
242 between PRQI and the kinetic parameters K and K_N , were fitted in SigmaPlot® (version 2014).

243

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247 **3. RESULTS AND DISCUSSION**248 **3.1 Cover crops residual dry matter and decomposition**

249 Dry matter (DM) loss over time varied significantly among treatments ($p < 0.01$ to $p <$
 250 0.05), both in absolute terms (Mg ha^{-1}) and percentage, reflecting distinct decomposition
 251 dynamics among species (Table 2). For instance, 15 days after CC termination, jack bean (1.25
 252 Mg ha^{-1}) and sunn hemp (2.97 Mg ha^{-1}) exhibited lower remaining dry matter (RDM) compared
 253 to Congo grass (4.84 Mg ha^{-1}) and pearl millet (5.94 Mg ha^{-1}). Thus, by the end of 30 days,
 254 only pearl millet maintained soil cover above 4.00 Mg ha^{-1} , a level of mulch considered
 255 effective for erosion control (Campos et al., 2011; Machado et al., 2001).

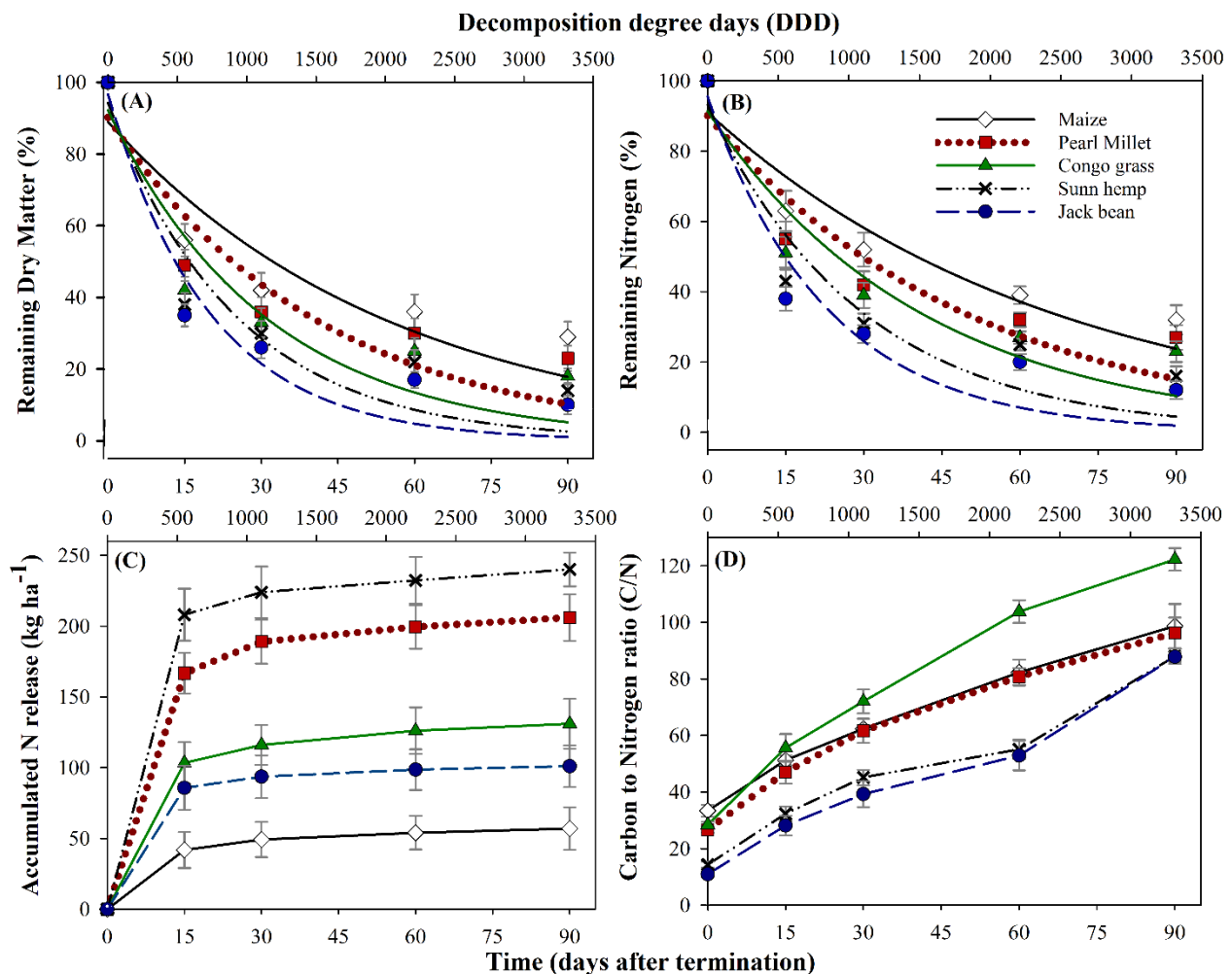
256 **Table 2:** Mean values ($n = 4$) of remaining dry matter (RDM) from the decomposition of summer cover crop plant
 257 residues at each sampling period. Piracicaba-SP, Brazil.

Species	Time (days)				
	0	15	30	60	90
	Percentage of remaining dry matter (% - g)				
<i>Zea mays</i>	100	56 a	42 a	36 a	29 a
<i>Pennisetum glaucum</i>	100	49 b	36 b	29 b	22 b
<i>Urochloa ruziziensis</i>	100	42 b	33 b	25 b	19 b
<i>Crotalaria juncea</i>	100	38 c	30 c	22 c	14 c
<i>Canavalia ensiformis</i>	100	35 c	26 c	17 c	11 c
CV (%)	0.0	17.72	23.09	27.69	32.42
<i>p</i> -value	--	< 0.001	0.005	0.030	0.030
η^2	--	0.50**	0.45**	0.40**	0.35**
	Remaining dry matter (Mg ha^{-1})				
<i>Pennisetum glaucum</i>	12.06	5.94 a	4.38 a	3.59 a	2.75 a
<i>Urochloa ruziziensis</i>	11.50	4.84 a	3.80 a	2.88 a	2.19 a
<i>Crotalaria juncea</i>	7.90	2.97 b	2.34 b	1.72 b	1.09 b
<i>Zea mays</i>	4.66	2.59 b	1.97 b	1.66 b	1.25 b
<i>Canavalia ensiformis</i>	3.62	1.25 c	0.94 c	0.63 c	0.42 c
CV (%)	29.32	31.26	32.96	33.07	36.08
<i>p</i> -value	--	< 0.001	< 0.001	< 0.001	< 0.001
η^2	--	0.50**	0.45**	0.35**	0.30**

258 Means followed by the same letter in the same column do not differ significantly according to Tukey's test at the
 259 5% significance level within the same evaluation period. CV (%): coefficient of variation. *p*-value: probability
 260 associated with the F-test from analysis of variance (ANOVA). η^2 : effect size, indicating the proportion of variance
 261 explained by the quantity and quality of the summer cover crops plant residues (treatments) at each sampling time;
 262 **values > 0.14 represent a large treatment effect.

263 Although effect size values remained statistically significant throughout the evaluation
 264 period ($\eta^2 > 0.14$), indicating a consistent treatment effect, their gradual decline over time
 265

266 (reaching 0.35 at 90 days) suggests that the initial influence of residue quantity and quality on
 267 decomposition and N release became less evident as the process advanced (Cohen, 1988). This
 268 reduction likely reflects the influence of climatic variables, such as air temperature, relative
 269 humidity, and rainfall, on decomposition dynamics during the later stages (Figure 1).



270 **Figure 2:** Percentage of remaining dry matter (A); Percentage of remaining Nitrogen (B); Accumulated Nitrogen
 271 release (kg ha^{-1}); and (C) Evolution of the Carbon/Nitrogen (C/N) ratio (D). Points represent the mean of the four
 272 blocks ($n=4$) and vertical bars indicate the standard error of the mean. Superior x-axis indicates the decomposition
 273 degree days (DDD). Piracicaba-SP, Brazil.

274 Forage grasses consistently exhibited higher RDM values throughout the entire
 275 experimental period, reinforcing their potential for persistent soil cover. In this regard, 90 days
 276 after CC termination, Congo grass and pearl millet retained 2.19 Mg ha^{-1} and 2.75 Mg ha^{-1} of
 277 mulch over the soil, respectively. In contrast, the rapid biomass decomposition observed for
 278 legumes (Figure 2A; Table 2) can be attributed to their low initial C/N ratios and inferior lignin

279 contents (Table 1), corroborating previous studies that identify these factors as critics in
280 determining the susceptibility to DM loss and N release from CC plant residues (Cotrufo et al.,
281 2015; Doneda et al., 2012; Thapa et al., 2022; Torres et al., 2021).

282 However, the C/N ratio is a general indicator that represents the total plant biomass,
283 without distinguishing tissue fractions or organs with different chemical properties (Canalli et
284 al., 2020; Weiler et al., 2022). Accordingly, as more labile compounds (e.g., sugars and free
285 amino acids) present in leaves and flowers are decomposed, the C/N ratio tends to increase,
286 likely due to the relative predominance of recalcitrant components (e.g., lignin, cellulose, and
287 polyphenols) in stems and branches (Figure 2D). This response may partially explain the
288 biphasic decomposition and N release dynamics observed in this study (Figure 2C),
289 characterized by an initial phase of rapid DM and N losses, potentially driven by the C/N ratio
290 and the presence of labile compounds, followed by a slower phase, possibly influenced by the
291 effect of recalcitrant molecules (Sodré-Filho et al., 2024; Thapa et al., 2022).

292 Probably, this rapid loss of DM and N within the first 15 days is likely due to the early
293 termination of CC, conducted during the flowering and vegetative stages (Adetunji et al., 2020).
294 According to Khatounian (2001), the phenological stage at the time of termination significantly
295 influences biomass decomposition rates and N release from summer green manure. At this
296 moment, plants exhibit high levels of free amino acids and soluble compounds in the cellular
297 vacuole, along with low cellulose and lignin content in stems and leaves, as nutrients have not
298 yet been translocated to the seeds (Otte et al., 2019; Keene et al., 2017).

299 From this perspective, the overall regression analysis of DM decomposition and N
300 release for all treatments was significant at the 1% level according to the F-test ($p < 0.01$).
301 Additionally, the K and K_N parameters, derived from the exponential regression equations, were
302 statistically significant according to the *t*-test ($p < 0.05$). Thus, the corresponding half-live

303 values, calculated from K, likely reflect differences in the chemical characteristics and the
 304 proportion of plant tissues present in the residues of the CC placed in the litter bags (Table 3).

305 **Table 3:** Exponential regression equations for estimating dry matter decomposition and residual nitrogen over
 306 time (90 days evaluation period) in residues of summer cover crops. Piracicaba, SP, Brazil.

Species	Remaining Dry Matter				
	Equation	K day ⁻¹	T _{1/2} days	R ²	p-value (K)
<i>Canavalia ensiformis</i>	$y = 96.69 e^{-0.0501t}$	0.0501	14	0.92*	0.0279
<i>Crotalaria juncea</i>	$y = 94.31 e^{-0.0398t}$	0.0398	17	0.88*	0.0436
<i>Urochloa ruziziensis</i>	$y = 92.28 e^{-0.0320t}$	0.0320	21	0.84*	0.0489
<i>Pennisetum glaucum</i>	$y = 90.23 e^{-0.0242t}$	0.0242	27	0.84*	0.0486
<i>Zea mays</i>	$y = 89.00 e^{-0.0179t}$	0.0179	39	0.83*	0.0448
Species	Remaining Nitrogen				
	Equation	K _N day ⁻¹	N _{1/2} days	R ²	p-value (K _N)
<i>Canavalia ensiformis</i>	$y = 95.56 e^{-0.0435t}$	0.0435	16	0.91*	0.0331
<i>Crotalaria juncea</i>	$y = 93.24 e^{-0.0338t}$	0.0338	20	0.88*	0.0415
<i>Urochloa ruziziensis</i>	$y = 91.44 e^{-0.0242t}$	0.0242	28	0.88*	0.0338
<i>Pennisetum glaucum</i>	$y = 90.18 e^{-0.0198t}$	0.0198	35	0.86*	0.0362
<i>Zea mays</i>	$y = 91.06 e^{-0.0149t}$	0.0149	46	0.90*	0.0208

307 K: Biomass decomposition rate; T_{1/2}: Plant residue half-life; K_N: Nitrogen release rate; N_{1/2}: Nitrogen release half-
 308 life; R²: Adjustment coefficient of determination for estimating K or K_N; (*) Indicates that the overall regression
 309 model was significant at the 1% level according to the F-test ($p < 0.01$); p-value: Refers to the significance of the
 310 K or K_N coefficient, a component of the exponential regression equation, assessed by the t-test ($p < 0.05$).
 311

312 For example, jack bean and sunn hemp exhibited the highest K values (0.0501 and
 313 0.0398 day⁻¹, respectively) and the lowest T_{1/2} among treatments (14 and 17 days). The
 314 predominance of leaves and flowers in their residues, rich in labile compounds and nutrients,
 315 likely favored their rapid decomposition process (Cotrufo et al., 2015; Khatounian, 2001; Otte
 316 et al., 2019). The evolution of the C/N ratio in Fabaceae species supports this hypothesis (Figure
 317 2D), as the lower proportion of recalcitrant organs, such as lignified stems with high
 318 polyphenols content, resulted in lower C/N ratio values over time compared to grasses.

319 This result is consistent with the findings of Calonogo et al. (2012), who also reported
 320 that the C/N ratios of the legume CC *Dolichos lablab* L. were lower than those observed for
 321 Poaceae species over a 135-day evaluation period. Therefore, the observed increase in the C/N
 322 ratio after 30 days (Figure 2D), for all treatments, could be associated with the decomposition
 323 of recalcitrant compounds, such as cellulose and hemicellulose, following the final degradation
 324 process of leaves and flowers (as evidenced by visual assessments). Similar findings have been

325 reported by Weiler et al. (2022), suggesting that the breakdown of cellulose intensifies after the
326 decomposition of labile compounds. Against this background, the variations in C/N ratios
327 among CC over time could also be attributed to the higher concentrations of polyphenols and
328 lignin in Poaceae residues compared to those of Fabaceae species (Table 1)

329 Additionally, despite presenting similar C/N ratios, Congo grass and pearl millet
330 exhibited markedly different decomposition dynamics. Congo grass decomposed more rapidly,
331 with a higher K value (0.0320 day^{-1}) and shorter half-life ($T_{1/2} = 21 \text{ days}$) than pearl millet (K
332 $= 0.0242 \text{ day}^{-1}$; $T_{1/2} = 28 \text{ days}$). This divergence suggests that other biochemical traits, such as
333 lignin content, may have exerted a decisive influence in regulating decomposition rates. These
334 results reinforce that the C/N ratio alone is not a sufficient predictor of residue degradation,
335 aligning with previous findings that emphasize the influence of structural compounds like lignin
336 and polyphenols (Singh et al., 2020; Thapa et al., 2022; Weiler et al., 2022).

337 Interestingly, these both species exhibited similar PRQI values (Table 5), which,
338 according to Tian, Brussaard, & Kang (1995), would imply comparable rates of biomass
339 decomposition and N release. However, the present findings contradict this expectation, as pearl
340 millet and Congo grass displayed distinct values for both K and $N_{1/2}$, indicating clear differences
341 in DM and N release dynamics. These results suggest that PRQI alone may not fully capture
342 the complexity of residue decomposition, particularly when factors such as N forms or tissue
343 compartmentalization play a significant role in regulating mineralization processes.

344 Furthermore, our findings on biomass decomposition rates differ from those reported by
345 Costa et al. (2016), who observed slower decomposition of *Urochloa* spp. compared to pearl
346 millet. These discrepancies could be derived from environmental conditions (air temperature
347 and humidity), differences in the phenological stage at termination, or methodological factors
348 related to the litter bag technique. In this sense, Saadat et al. (2025) highlight that variations in
349 litter bag preparation (residue particle size, drying methods and amount of residue) can

350 significantly affect biomass decomposition and N release, influencing microbial activity and
351 the comparability of results across studies (Keuskamp et al., 2013).

352 The maize crop, in turn, exhibited the lowest K value (0.00179 day^{-1}) and the highest
353 $T_{1/2}$ (39 days). This response can be attributed to the high initial C/N ratio and lignin content
354 (Table 1), as well as the greater proportion of recalcitrant fractions compared to labile ones
355 (Chen et al., 2009). Moreover, it is noteworthy that the $T_{1/2}$ and $N_{1/2}$ values observed in this
356 study were at least twice as low as those typically reported in rainfed conditions (Hahn et al.,
357 2024; Moreira et al., 2009; Pacheco et al., 2017). In contrast, our results were more similar to
358 those found by Torres et al. (2021) under irrigated conditions, suggesting that favorable climatic
359 conditions, particularly accumulated rainfall, played a crucial role in enhancing microbial
360 activity and thereby accelerating residue decomposition and N release.

361 In this sense, the high relative humidity (RH) and frequent rainfall events observed
362 during the first month of evaluation (November 2024) likely contributed to the accelerated
363 breakdown of more labile residues (Figure 2). These findings align with Thapa et al. (2022),
364 who highlighted precipitation and RH as key drivers of residue decomposition. Additionally,
365 the use of fresh (non-dried) residues in the litter bags could also have contributed to the shorter
366 half-life values observed in this study, as reported by Saadat et al. (2025).

367 **3.2 Cover crops N release**

368 The remaining N trend followed a similar pattern to DM loss, with significant
369 differences between treatments ($p < 0.01$) (Table 4; Figure 2B). This effect was supported by
370 the η^2 values, which also indicated a strong influence of species-specific residue quantity and
371 quality on N retention during the early stages ($\eta^2 = 0.50$ at 15 days), with a progressive reduction
372 over time ($\eta^2 = 0.30$ at 90 days). In this manner, previous studies indicate that N release is

373 directly related to plant decomposition, as most nutrients are concentrated in leaf tissues for
 374 structural and storage functions (Doneda et al., 2012; Varela et al., 2017).

375 **Table 4:** Mean values ($n = 4$) of remaining nitrogen in cover crop plant residues at each sampling period, reflecting
 376 the dynamics of nitrogen release during decomposition. Piracicaba-SP, Brazil.

Species	Time (days)				
	0	15	30	60	90
Percentage of Remaining Nitrogen (% - g kg^{-1})					
<i>Zea mays</i>	100	63 a	52 a	39 a	32 a
<i>Pennisetum glaucum</i>	100	55 ab	42 b	32 ab	27 ab
<i>Urochloa ruziziensis</i>	100	51 ab	39 bc	27 b	23 b
<i>Crotalaria juncea</i>	100	43 c	31 bc	25 bc	16 bc
<i>Canavalia ensiformis</i>	100	38 d	28 c	20 c	12 c
CV (%)	0.0	18.31	18.27	12.90	25.96
<i>p</i> -value	--	< 0.001	< 0.001	< 0.001	< 0.001
η^2	--	0.50**	0.45**	0.45**	0.40**
Remaining Nitrogen (kg ha^{-1})					
<i>Pennisetum glaucum</i>	216.14	50.47 a	28.22 a	17.70 a	11.41 a
<i>Crotalaria juncea</i>	244.80	36.81 ab	20.86 ab	12.46 ab	4.94 b
<i>Urochloa ruziziensis</i>	138.18	34.88 ab	22.20 ab	12.03 ab	7.66 ab
<i>Zea mays</i>	62.12	20.23 bc	12.80 bc	8.03 bc	5.03 b
<i>Canavalia ensiformis</i>	103.30	17.63 c	9.72 c	4.72 c	1.86 c
CV (%)	36.41	35.33	33.74	35.79	32.84
<i>p</i> -value	--	< 0.001	< 0.001	< 0.001	< 0.001
η^2	--	0.45**	0.40**	0.35**	0.30**

377 Means followed by the same letter in the same column do not differ significantly according to Tukey's test at the
 378 5% significance level within the same evaluation period. CV (%): coefficient of variation. *p*-value: probability
 379 associated with the F-test from analysis of variance (ANOVA). η^2 : effect size, indicating the proportion of variance
 380 explained by the quantity and quality of the summer cover crops plant residues (treatments) at each sampling time;
 381 **values > 0.14 represent a large treatment effect.

382
 383 Nevertheless, the NAR from pearl millet (206 kg ha^{-1}) after 90 days was higher than
 384 that of jack bean (101 kg ha^{-1}) and comparable to sunn hemp (Table 5). This result contrasts
 385 with previous studies reporting that Poaceae species generally release less N than legumes
 386 (Canalli et al., 2020; 2012; Adetunji et al., 2020). Thus, rather than botanical classification, our
 387 results suggests that N release dynamics appear to be more strongly influenced by biomass
 388 production and the phenological stage at termination (Khatounian, 2001; Adetunji et al., 2020).
 389 Supporting this interpretation, Singh et al. (2020) observed similar NAR patterns, attributing
 390 the rapid N release within two weeks of termination to elevated air temperatures and humidity
 391 during the early decomposition phase, as well as to the early termination management of CC,
 392 which preserved a higher proportion of labile compounds in plant tissues.

393 Thereafter, clear differences were observed among CC species in terms of K_N and $N_{1/2}$
394 (Table 4). Jack bean and Sunn hemp exhibited the fastest N release, with K_N values of 0.0435
395 and 0.0338 day^{-1} and $N_{1/2}$ of 16 and 20 days, respectively, likely due to their high content of
396 labile compounds and low initial C/N ratios. Congo grass exhibited intermediate values ($K_N =$
397 0.0242 day^{-1} ; $N_{1/2} = 28$ days), while pearl millet presented a slightly lower K_N (0.0198 day^{-1})
398 and higher $N_{1/2}$ (35 days), probably reflecting its higher lignin content (Table 1). Thus, maize
399 exhibited the slowest N release among treatments, with the lowest K_N (0.0149 day^{-1}) and the
400 highest $N_{1/2}$ (46 days), which can be attributed to the predominance of lignified stems and its
401 higher initial C/N ratio. These differences are consistent with Weiler et al. (2019), who reported
402 that higher proportions of recalcitrant compounds delay N mineralization, whereas residues rich
403 in soluble and easily degradable fractions promote faster nutrient release (Table 1).

404 On the other hand, our findings contrast with those of Nascente et al. (2014), who
405 reported significantly lower $N_{1/2}$ values for pearl millet compared to Congo grass and observed
406 more marked differences in both $T_{1/2}$ and $N_{1/2}$ among CC. Nonetheless, our results are consistent
407 with the well-established hypothesis that tropical legumes tend to release N more rapidly due
408 to their lower C/N ratios and lignin content, whereas tropical grasses retain more biomass and
409 thus provide more persistent soil cover (Hahn et al., 2024; Souza et al., 2025; Torres et al.,
410 2021; Weiler et al., 2019). In addition, the overall performance of each species corroborated the
411 expected balance between residue decomposition rate and mulch persistence.

412 **3.3 Plant residue quality indices**

413 The PRQI calculated using Equation (5) differed among the evaluated species, except
414 for pearl millet and Congo grass, which showed similar values (Table 5). PRQI values ranged
415 from 5.87 for maize to 16.44 for jack bean, supporting the assertion by Tian, Brussaard & Kang,
416 (1995) that crop residues tend to have lower PRQI than agroforestry species. Considering

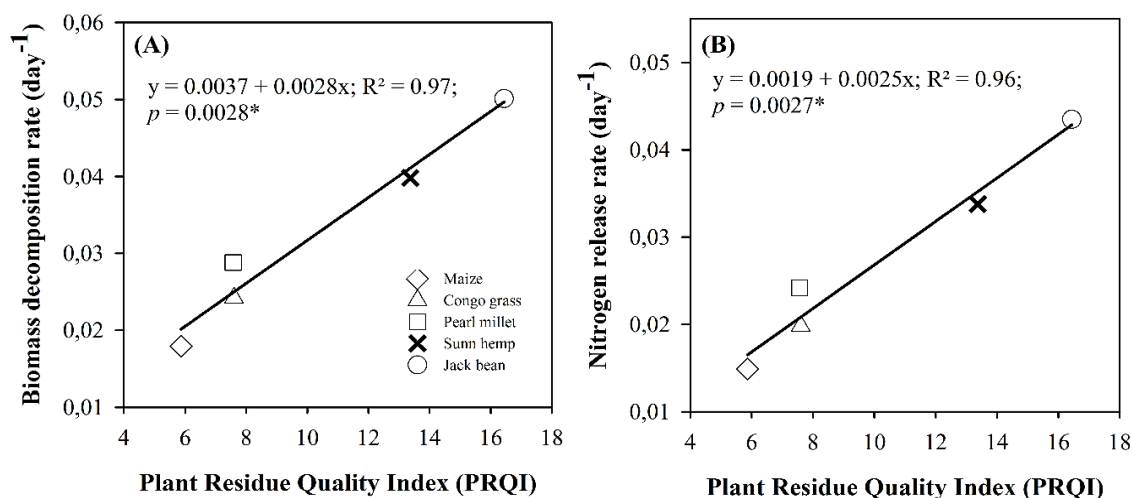
417 biomass decomposition and N release, the plant residues of the analyzed species followed a
 418 descending PRQI order: jack bean > sunn hemp > pearl millet \approx Congo grass > maize.

419 **Table 5:** Components and results of the indices that evaluate the quality of the plant residues from the summer
 420 cover crops at the end of 90 days. Piracicaba-SP, Brazil.

Species	NAR	RDM	NRI	RDMI	RBQI	PRQI
	----- (kg ha ⁻¹) -----					
<i>Pennisetum glaucum</i>	206	2750	0.86	1.00	0.86	7.60
<i>Urochloa ruziziensis</i>	131	2344	0.55	0.85	0.47	7.57
<i>Crotalaria juncea</i>	240	1094	1.00	0.40	0.40	13.37
<i>Zea mays</i>	57	1250	0.24	0.45	0.11	5.87
<i>Canavalia ensiformis</i>	101	406	0.42	0.15	0.06	16.44
Ideal Cover crop	240	2750	1.00	1.00	1.00	---

421 NAR: Nitrogen accumulated release; RDM: Remaining dry matter; NIR: Nitrogen release index; RDMI:
 422 Remaining dry mass index; RBQI: Residual biomass quality index; PRQI: Plant residue quality index.

423 These results suggests that biomass decomposition may be sufficiently explained by the
 424 chemical composition of CC residues, as supported by previous studies (Gama-Rodrigues et
 425 al., 2007; Pacheco et al., 2017; Thapa et al., 2022; Weiler et al., 2022). Furthermore, the PRQI
 426 values obtained in this research showed a direct and significant ($p < 0.01$) correlation with the
 427 parameters K and K_N , a result also observed by Tian, Brussaard & Kang (1995) when evaluating
 428 plant residues from other five different species (Figure 3). However, these findings contrast
 429 with Mandro (2024), who found no significant differences in PRQI values among summer CC,
 430 likely due to the exclusion of polyphenol concentrations from the index calculation.



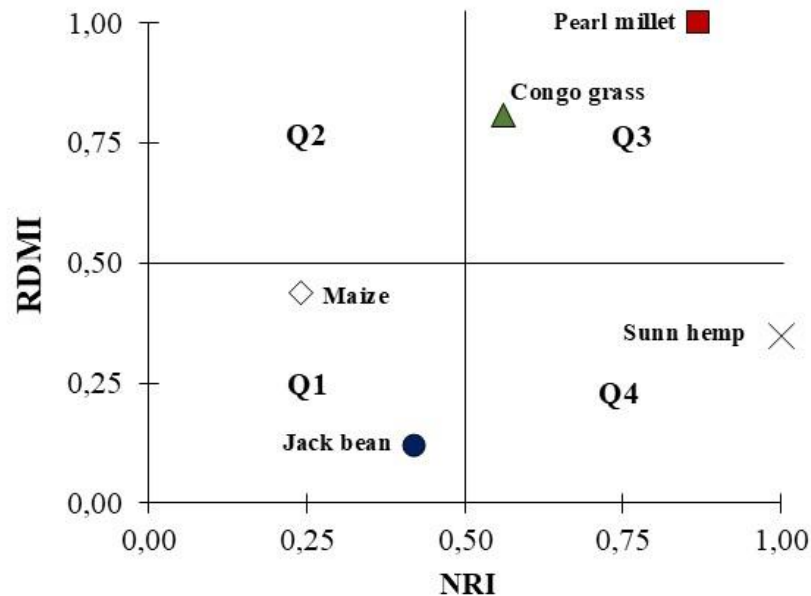
431 **Figure 3:** Linear regression analysis between the Plant Residue Quality Index (PRQI) and (A) biomass
 432 decomposition rate (K) and (B) nitrogen release rate (K_N) in residues of the evaluated summer cover crops. (*)
 433 indicates statistical significance of the linear regression analysis at the 1% level ($p < 0.01$).

434 Nonetheless, further research on plant residue from various CC and diverse climatic
435 conditions are necessary to validate the applicability of PRQI, considering different agronomic
436 factors. For instance, Tian, Brussaard & Kang (1995) observed a correlation between PRQI and
437 key variables such as soil temperature, soil moisture levels, microbial diversity, and the yield
438 of maize grown in succession, critical aspects that were not the objective of this study.

439 From this perspective, PRQI stands out as a potential predictive tool for assessing the
440 response of CC residues in crop rotation systems. Its direct and significant correlation with the
441 parameters K and K_N allows for an estimation of a species' decomposition rate and nutrient
442 cycling potential even before sowing. This predictive capacity enables informed decision-
443 making regarding species selection to align with specific agricultural objectives. For instance,
444 in no-tillage systems, species with low PRQI values can enhance soil structure and moisture
445 retention, whereas high PRQI species can rapidly supply N to subsequent crops, reducing
446 fertilizer dependency (Souza et al., 2025; São Miguel et al., 2018; Tittonell & Giller, 2013).

447 Meanwhile, the RBQI represents a theoretical model based on the RDMI and NRI in
448 comparison to an ideal species (Cassol et al., 2023). In this regard, sunn hemp and pearl millet
449 were identified as the ideal CC for N release (240 kg ha^{-1}) and continuous soil cover (2750 kg
450 ha^{-1}), respectively. Considering the balance between maximum NAR and the highest RDM
451 production, the plant residues of the evaluated species followed the descending RBQI order:
452 jack bean > maize > sunn hemp > Congo grass > pearl millet (Figure 4).

453 In this study, pearl millet exhibited the highest RBQI (0.86), indicating an optimal
454 balance between soil cover maintenance and N release. Congo grass (0.55) and sunn hemp
455 (0.40) showed intermediate performance, with Congo grass standing out for its favorable
456 combination of residue persistence and N availability. Conversely, maize (0.11) and jack bean
457 (0.06) presented the lowest RBQI values, reflecting either limited N release or rapid biomass
458 decomposition, patterns likely driven by differences in chemical composition and C/N ratios.



459 **Figure 4:** Points of intersection of the Remaining Dry Matter Index (RDMI) and Nitrogen Release Index (NRI) of
 460 the evaluated summer cover crops species. Piracicaba-SP, Brazil.

461 The superior performance of tropical forage species, particularly pearl millet and Congo
 462 grass can be attributed to their higher DM production and greater concentrations of lignin and
 463 polyphenols (Table 1), which contributed to longer residue persistence and a more gradual N
 464 release over the 90-day evaluation period. These findings align with previous studies
 465 emphasizing the role of forage grasses in improving efficiency of nutrient use, reducing N yield
 466 gaps, and enhancing soil protection in tropical cropping systems (Baptistella et al., 2020; Batista
 467 et al., 2024; Souza et al., 2024). Additionally, the higher RBQI values observed for pearl millet
 468 and Congo grass corroborate the results reported by São Miguel et al. (2018) and Araújo et al.
 469 (2024), who highlighted the agronomic benefits of these species in tropical crop rotations,
 470 particularly their contributions to soil cover and nutrient cycling efficiency.

471 Thus, although both PRQI and RBQI aim to evaluate plant residue quality, they appear
 472 to serve distinct purposes and are grounded in different theoretical approaches. PRQI, based
 473 exclusively on the chemical composition of plant residues, is intended to estimate their potential
 474 for decomposition and nutrient release. RBQI, in turn, incorporates experimental data on N
 475 release and biomass persistence in relation to a reference standard. From this perspective, PRQI

476 may be more applicable to preliminary assessments before field application, while RBQI seems
477 more appropriate for retrospective analyses grounded in empirical data.

478 Ultimately, the adoption of PRQI and RBQI presents a promising strategy for selecting
479 CC species according to specific agronomic goals, with potential benefits for soil conservation
480 and nutrient management in tropical systems (Souza et al., 2025; Rigon, Franzluebbbers &
481 Calonego, 2020). Despite that, the present study was limited to a single cropping season, one
482 geographical location, and focused solely on CC species, without including field measurements
483 of soil nutrient dynamics or cash crop responses. Additionally, the use of the litter bag method
484 may not fully represent natural decomposition processes due to microenvironmental alterations.
485 Therefore, future research should evaluate these indices under a wider range of edaphoclimatic
486 conditions, across multiple years, and integrate direct assessments of soil fertility and cash crop
487 productivity to improve the robustness and practical applicability of our findings.

488 4. CONCLUSIONS

489 (1) CC from the Fabaceae family exhibited higher K and K_N values, along with lower
490 $T_{1/2}$ and $N_{1/2}$. Among the Poaceae species, *Pennisetum glaucum* exhibited higher NAR (206 kg
491 ha^{-1}) and RDM (2.75 Mg ha^{-1}) values, highlighting its potential for crop rotation in no-till
492 systems in tropical environments;

493 (2) The high relative humidity, accumulated rainfall, and early species termination
494 probably accelerated biomass decomposition and NAR within the first 15 days of the
495 experimental period, as reflected in the low $T_{1/2}$ and $N_{1/2}$ values observed across all treatments;

496 (3) The plant residue quality indices revealed differences among the evaluated summer
497 CC, assisting in classifying their potential for crop rotation systems. PRQI showed a significant
498 and direct correlation with K and K_N , while RBQI highlighted the ability of *Pennisetum*
499 *glaucum* and *Urochloa ruziziensis* to provide a better balance of RDM and NAR. These findings
500 can support the selection of CC in tropical rotations to improve both N cycling and soil

501 conservation. Continued studies in diverse environments and over multiple cropping sites are
502 recommended for further validation of these indices.

503 **5. AUTHORS CONTRIBUTION**

504 Conceptual idea: Dias, V.O.; Favarin, J.L.; Khatounian, C.A.; Methodology design:
505 Dias, V.O.; Favarin, J.L.; Souza, M.E.A.; Santana, D.M.; Ribas, G.G.; Data collection: Dias,
506 V.O.; Souza, M.E.A.; Santana, D.M.; Data analysis and interpretation: Dias, V.O.; Souza,
507 M.E.A.; Khatounian, C.A.; Piero, J.A.R.; Writing and editing: Dias, V.O.; Favarin, J.L.;
508 Khatounian, C.A.; Piero, J.A.R.; Ribas, G.G.

509 **6. ACKNOWLEDGEMENTS**

510 The authors thank the Unified Scholarship Program of the University of São Paulo
511 (PUB-USP) for granting a Scientific Initiation scholarship to the first author (code 4422.2024),
512 the Graduate Program in Crop Science at ESALQ/USP, and the Fundação de Estudos Agrários
513 “Luiz de Queiroz” (FEALQ) for contributing to the article processing charge. The authors also
514 express their sincere gratitude to all editors and reviewers for their time and careful evaluation,
515 which greatly contributed to improving the quality and clarity of this work.

516 **7. CONFLICT OF INTEREST**

517 The authors declare no competing financial or personal interests that could have
518 influenced the work reported in this manuscript.

519 **8. DATA AVAILABILITY**

520 The data that support the findings of this study are not publicly available but can be
521 obtained from the corresponding author upon request (victordeoliveiradias@usp.br).

522

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