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COVID-19 pandemic and food insecurity: bibliometrics, associations, interferences, and perspectives

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1 **COVID-19 pandemic and food insecurity: bibliometrics, associations,**
2 **interferences, and perspectives**

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18
19 **Abstract:** *The SARS-CoV-2 virus pandemic was also marked by research and the*
20 *publication of scientific papers associated with the relationship between the pandemic*
21 *event in the increase in food insecurity. The bibliometric tools were used to understand*
22 *this scenario better. Two bibliometric strategies of co-words were used for research and*
23 *data analysis, allowing the evaluation of scientific contributions related to the theme. The*
24 *indicators showed the scope of food insecurity in different countries (detected by several*
25 *research areas), and the adopted analysis strategies complemented each other. These*
26 *indicators revealed that the studies were related to hunger, food security, food insecurity,*
27 *and obesity. There is an association between the pandemic and all the items studied, with*
28 *a strong probability of the pandemic interfering with food insecurity. Almost all research*

29 *(papers) points to strategic actions to reduce the problems arising from the pandemic*
30 *(loss prevention, mitigation and adaptation to climate change, international collaborative*
31 *efforts, comprehensive health, and commitment to the SDGs) from a perspective to*
32 *mitigate food insecurity. Also, most works argue that the pandemic interfered with the*
33 *worsening of food insecurity, although this statement is made from a theoretical and*
34 *empirical perspective.*

35 Keywords: Food security; Hunger; SDG; WoS; KeyWords Plus; Multivariate analysis.

36

37 **1 Introduction**

38 Discussions involving the concept of food security began, more formally, in the
39 1970s, fueled by a global food crisis that gave rise to the World Food Conference in 1974.
40 Later came to be considered a multidimensional issue due to the complexity of
41 production, access, use, and stability of food production (FAO, 2003). As a result, access
42 to adequate food has become a multidisciplinary issue at the global level. The research
43 focused on in recent years has incorporated new and comprehensive challenges such as
44 climate change, poverty, gender, nutrition, and diet structure (Xie *et al.*, 2021). The 17
45 sustainable development goals (SDGs) agenda embraces this theme (Department of
46 Economic and Social Affairs of United Nations, 2022). Food security is directly related
47 to the production, supply, and access to sufficient quantity and quality of healthy food.
48 On the other hand, hunger, defined by the United Nations (UN) as the second challenge
49 to be overcome in the set of SDGs presents itself as a risk to the dignified development
50 of human beings.

51 The hunger map manifests itself markedly in regions with lower *per capita*
52 income, in the outskirts of large cities, in rural areas, in families maintained by brown or
53 black women, and in precarious places of access to water for both human consumption

54 and production of food (Andrade, 2020). Moreover, the pandemic caused by the SARS-
55 CoV-2 virus, called the COVID-19 pandemic, intensified the global economic crisis and,
56 in addition to the discontinuity of public policies to guarantee access to food, generated
57 high levels of food insecurity in several countries.

58 A systematic review of the impacts of COVID-19 on food systems, food security,
59 and nutritional status of low- and middle-income people was developed with a sample of
60 337 papers covering 62 countries. This study confirmed the magnitude and severity of a
61 crisis that has spread worldwide and has mainly affected the low-income population who
62 cannot access food (Béné *et al.*, 2021). However, the analysis showed, in particular, that
63 the interruption in access to food was not just limited to the financial component as a
64 result of job loss or reduced financial income. Furthermore, the results show that the food
65 systems “withstood” the pandemic, and no severe shortages in food production were
66 observed in 2020. Thus, the increased risk of food insecurity was mainly due to other
67 aspects, such as the discontinuity of public policies and reduced access to food by the
68 population most in need of financial resources.

69 In a global context, the pandemic period was marked by a high volume of
70 publications covering different contexts of food insecurity. The increased data flow makes
71 interpretation difficult, especially when dealing with qualitative variables. However,
72 evaluation and understanding can be facilitated through bibliometric analyses. These
73 tools make it possible to map cumulative scientific knowledge and its evolution, in
74 addition to helping to identify new research trends in different areas of expertise (Moral-
75 Muñoz *et al.*, 2020; Donthu *et al.*, 2021). Furthermore, bibliometric strategies can reveal
76 the nuances of an extensive data set and results. For example, in co-word analysis,
77 words present in papers are used as a focal point, where it is assumed that the frequency
78 with which terms appear together (whether in keywords, titles, and abstracts) suggests

79 that there is a thematic relationship between them (Donthu *et al.*, 2021). This approach
80 allows the evaluation of bibliographic coupling and possible research trends.

81 However, this analysis strategy can be influenced by misinterpretations due to the
82 misuse of keywords, which are sometimes comprehensive, making it challenging to group
83 a posteriori, making it necessary to track this type of publication to enable the
84 understanding of the context in which it was published inserted (Chang, Huang and Lin,
85 2015). One way to mitigate or reduce the influence of this type of problem is to use a
86 robust data set, as it can highlight relevant words and overlap meaningless words due to
87 the low frequency in publications and/or even use different strategies, such as co-
88 occurrence of authors' keywords and KeyWords Plus, to evaluate the conceptual structure
89 of the set of selected publications.

90 Some literature reviews on food insecurity during the COVID-19 pandemic were
91 developed under a bibliometric approach (Herrera-Calderon *et al.*, 2021; Xie *et al.*, 2021;
92 Idamokoro and Hosu, 2022; Nilashi *et al.*, 2023) of great scientific relevance. However,
93 there was a reduced number of studies of this nature and restricted to specific periods or
94 countries. The lack of a broader analysis of this period may be one of the main obstacles
95 to proposing and adopting public policies to combat hunger and food insecurity among
96 populations.

97 In this context, it was decided to evaluate the scenario of food insecurity through
98 bibliometric tools, using the co-occurrence of authors' keywords and KeyWords Plus as
99 data analysis strategies, allowing the evaluation of scientific contributions related to food
100 insecurity during the pandemic.

101

102 **2 Methodology**

103 *2.1 Study design*

104 The systematic bibliographic search for metadata recovery for the construction of
105 bibliometric indicators was carried out through the academic database of Clarivate
106 Analytics' ISI - Web of Science (WoS) on October 1, 2022, using a time frame of 6 years
107 (2018 – 2023). WoS is referenced as one of the primary databases/results used by the
108 scientific community, with broad multidisciplinary and interdisciplinarity, including
109 research at regional and international levels (Zhu and Liu, 2020; Pranckutė, 2021), and
110 with a rigorous evaluation process for acceptance of papers (Singh *et al.*, 2021). For these
111 reasons, this database was adopted for this study. In addition, the productions that had the
112 characteristic of the primary source of results were considered a priority.

113

114 *2.2 Strategy used in locating and retrieving papers*

115 The research theme was centered on “food security” and “hunger”, and the terms
116 used were determined with the aim of retrieving metadata at a global level (Figure 1a),
117 showing the world hunger scenario, including information about the pandemic period.
118 For the retrieval of papers within the theme under study, the Boolean operators “or” and
119 “and”, and quotation marks as special characters were used to ensure accuracy in the
120 screening of papers related to the topic (Akintunde *et al.*, 2021).

121 The papers were from primary sources with robust experimental character ($\approx 90\%$)
122 and literature review ($\approx 10\%$). Most reports are available in English ($\approx 94\%$), totaling
123 7754 records. Then, using tools available in WoS, the papers were categorized by research
124 areas and geographic distribution, retaining the 10 most prominent areas and 15 countries.
125 Finally, these papers were exported from WoS and used to generate bibliometric
126 indicators (Figure 1b).

127

128 *2.3 Data analysis*

129 2.3.1 *Author Keywords Analysis*

130 A bibliometric map of the co-occurrence of authors' keywords was prepared using
131 the complete count method, adopting the minimum number of words to occur as 50, using
132 the VOSviewer software (version 1.6.18) which is used to visualize similarities between
133 article metadata (van Eck and Waltman, 2013) based on VOS mapping. This technique
134 presents high precision, allowing to identify similarity through a low-dimensional
135 Euclidean space, where the smallest distance between objects reflects a higher level of
136 similarity, and these are positioned in the plane according to their ideal coordinate
137 calculated in the software (Van Eck and Waltman, 2007). As an additional step, screening
138 was carried out, by visual inspection, of the grouping of keywords selected to generate
139 the bibliometric map, aiming to identify variations of the same term and even meaningless
140 words about the research topic, these being disregarded, such as, for example, leptin and
141 bariatric surgery.

142

143 2.3.2 *KeyWords Plus analysis*

144 Based on the generated bibliometric indicators, a correlation was identified
145 between the number of papers published and the pandemic period (2020 to 2023). Then,
146 the following terms were established to perform a new search: “food insecurity” and
147 “covid-19 pandemic”. Finally, the results obtained (1070 publications) were used to
148 identify the 10 most relevant journals, according to the number of publications in that
149 period; the impact factor was consulted on the electronic address of the journals.

150 These results were filtered by document type (paper) and language (English),
151 totaling 581 results. Then, these papers were ordered according to the number of citations,
152 and the 500 most cited were selected for analysis. Finally, these were used for KeyWords

153 Plus extraction since they are mainly considered descriptive (Zhang *et al.*, 2016) through
154 the bibliometrix package (Aria and Cuccurullo, 2017) in RStudio (versão 2022.07.1).

155 Afterward, the occurrence of words was evaluated, by frequency, of the 50 most
156 cited to generate a WordCloud. Thematic evolution was studied using a minimum
157 frequency of 200 words and 5 clusters. According to the results, the conceptual structure
158 between the words was evaluated through Multiple Correspondence Analysis (MCA),
159 using a count of 50 words, to identify clusters that express similar concepts.

160

161 **3 Bibliometric indicators**

162 *3.1 Research areas and geographical distribution of scientific publications*

163 Bibliometric studies on food insecurity were developed (Herrera-Calderon *et al.*,
164 2021; Xie *et al.*, 2021) in a short period of the pandemic and restricted to some countries
165 and regions, highlighting the need for broader assessment information available in the
166 scientific literature about the pandemic period. In the study by Pepetone *et al.* (2023), for
167 example, the authors examined changes in the prevalence and severity of food insecurity
168 among adults and youth before (2019) and during (2020) the Covid-19 pandemic in
169 Australia, Canada, Chile, Mexico, United Kingdom United States, and the United States
170 through multivariate regression models, considering the variables: age, gender, racial and
171 ethnic identity and other sociodemographic characteristics associated with food
172 insecurity. The results indicated that food insecurity has intensified in Mexico among
173 adults and young people. However, only some changes in this scenario were observed in
174 other countries. This behavior may be related to the short period of the study, with the
175 need for broader investigations.

176 Therefore, scientific publications on the topic under study from 2018 to 2023
177 revealed that the research areas with the highest number of publications were (Figure 2a):

178 Nutrition Dietetics (15.65%), Public Environmental Occupational Health (11.00%),
179 Environmental Sciences Ecology (6.92%), Science Technology Other Topics (6.60%),
180 Agriculture (6.06%), Food Science Technology (5.84%), Psychology (5.29%) and others
181 (< 12%).

182 In its February 2023 editorial, the newspaper that published the most on this topic
183 (Nutrition Dietetics) highlighted the negative impacts of the pandemic on food security
184 and also highlighted the necessary changes that can accelerate the achievement of SDG
185 2, “the responses to the pandemic educated the public about how epidemiological data
186 can be applied to policy; we had demonstrations of how epidemiology can be
187 communicated to the public, as unprecedented public health officials became media stars.
188 As a result, we now have lived experience of public health interventions to an extent never
189 before implemented at a population level” (Truby, 2023).

190 These publications, grouped according to the geographic location where the
191 research was developed, are shown in Figure 2b, with the United States of America
192 (34.88%) being the country with the highest number of publications, followed by
193 Germany (10.51%), England (10.42%), Peoples R China (5.97%), Canada (5.53%),
194 Australia (5.35%) and others (< 32%). Overall, between 2018 and 2023, the citation yield
195 was 52,921 (without self-citations of papers), with an average per item of 7.47 and an H-
196 index of 76. Between 2018 and 2021, the number of publications (Figure 2c) grew
197 linearly, being that year (2021) with the highest level of scientific contribution (1970
198 publications), yielding a total of 19,187 citations. In 2022, there was a decrease in the
199 number of publications (1,155), but there was an increase in the number of citations
200 (24,037). This behavior can be explained by the pandemic marked by data profusion in
201 different research areas.

202

203 3.2 Author Keywords Analysis

204 The bibliometric map of the co-occurrence of authors' keywords (Figure 3; Table
205 1 in supplementary material) was centered on hunger, with 482 occurrences in scientific
206 papers. The blue cluster is related to hunger, food insecurity, nutrition, health, and the
207 covid-19 pandemic, which are closely related to the pandemic period. The map's
208 periphery can reveal new research trends, and access to food and food banks stands out
209 in this cluster. According to Bublitz et al. (2021), the pandemic revealed systemic
210 vulnerabilities in access to food, and according to the study by Drake et al. (2023), there
211 was a tendency to intensify these effects in individuals experiencing food insecurity.. The
212 three most cultivated Poaceae, wheat, rice, and maize, were responsible for more than
213 50% of the consumption of calories worldwide. Hence, a diet of low nutritional value
214 reduces food insecurity, mainly among the poorest and vulnerable (Altieri and Nicholls,
215 2020).

216 The food access and food pantry were highlighted in this cluster, located in the
217 map's peripheral region, suggesting that discussions about these two themes were fostered
218 by the pandemic period. Government-imposed mobility restrictions, price increases, and
219 reductions in food units to be purchased in supply chains such as markets have affected
220 individuals' access to basic foodstuffs. In this context, the study by O'Meara et al. (2022)
221 investigated consumption experiences of food environments and food procurement
222 practices in 119 countries in Western Europe, North America, Latin America, Asia-
223 Pacific, and Africa during the first months of the Covid-19 pandemic. Their findings
224 highlighted several everyday negative experiences regarding food availability and
225 accessibility among individuals from different countries, highlighting the need to
226 implement practices aimed at more resilient food systems. Recent studies such as Karan

227 et al. (2023) and d'Errico et al. (2023) discuss this topic and reveal its complexity and
228 scope.

229 Food security\insecurity (433 occurrences) in the green cluster was related to
230 poverty, non-sustainability, agriculture, climate change, and Africa. In the peripheral
231 region of the map, it was observed that there is a relationship between the SDGs, food
232 waste, and with the second SDG, called zero hunger. This SDG aimed to eradicate hunger,
233 establish food security, improve individuals' nutrition, and promote sustainable
234 agriculture by 2030 (Al Nemer, 2022). To ensure the achievement of this rather daring
235 and difficult-to-reach SDG, strategies to combat hunger must be articulated,
236 encompassing legal instruments, social programs, and public policies to combat food and
237 nutritional insecurity established in most countries (da Silva, 2019).

238 In contrast to the problem of hunger and food insecurity, obesity appears in the
239 red cluster (361 occurrences), and its nuances related to children, adolescents, inadequate
240 food intake, behavior, and eating disorders. The pandemic affected the eating behavior of
241 children, adolescents, and young adults since, during this period, there was an increase in
242 the intake of low-quality ultra-processed foods from a nutritional point of view and a
243 decrease in physical activity. For example, the study by Loth et al. (2023) investigated
244 the eating behavior of families with young children based on the food insecurity status of
245 individuals recruited through "Kids EAT!" during the Covid-19 pandemic. The findings
246 show coping strategies used, such as food storage, rationing, and additional resources, to
247 overcome difficulties in accessing food.

248 This study indicates that the pandemic is an intervening component in the
249 worsening of the problem (Stavridou *et al.*, 2021). According to Arora & Mishra (2022),
250 the dangers that affected food safety directly affected the quality of the diet of individuals,

251 resulting in overweight and obesity, and this theme is repeated in 2023 as relevant in the
252 newspaper that most published papers related to the subject under study.

253 The keywords present in the clusters in yellow (mental health, stress, depression,
254 and anxiety) and purple (malnutrition, biofortification, and micronutrients) have low
255 occurrence in the other clusters, indicating that they were underused in studies related to
256 the theme of this research. In general, the cluster in yellow suggests a relationship
257 between food security, the pandemic period, and the mental health of individuals. Kaner
258 et al. (2022) evaluated the correlation between depression, anxiety, and stress with eating
259 behaviors related to emotions established during the pandemic for 2,002 adults aged 18
260 or older. The results revealed that one in three participants reported moderate to severe
261 levels of stress, anxiety, and depression, with a significant correlation with eating, with
262 overeating appearing in response to negative emotional moods.

263 Another example is the study by Klatzkin et al. (2023), carried out with women
264 (n = 44 and ages ranging from 18 to 50 years) on eating behaviors in response to acute
265 stressors, revealing highly erratic behaviors that induce adverse effects on the diet of
266 individuals when exposed to acute stress. Based on this study, the Covid-19 pandemic
267 may have been a precursor to different agents that promote acute stress in individuals,
268 impacting eating behaviors.

269 The purple cluster relates to malnutrition associated with non-biofortification and
270 hidden hunger. The latter refers to the effects of reduced consumption of micronutrients
271 in the human diet. The information in the different clusters is interrelated, demonstrating
272 that a high volume of data was generated during the pandemic and suggesting that the
273 progress in combating food insecurity is not following the SDG targets' aggravated by
274 the period pandemic.

275 Therefore, agreeing with the discussions of Arora & Mishra (2022), who
276 examined a report and stated that there is no progress in ensuring access to safe, nutritious,
277 and adequate food for all, and eliminating malnutrition may be a distant reality. However,
278 the editors of the European Journal of Development Research (Henson *et al.*, 2020), when
279 conducting a strategic mapping in the first year of the pandemic for development studies
280 with a particular focus on government actions and responses and their effects at the local,
281 national, and global levels, highlighted that future studies need to consider how focal
282 point marginalized groups, aiming to neutralize the short- and long-term impacts caused
283 by the Covid-19 pandemic. In South Africa, for example, a study conducted by Arndt et
284 al. (2020) showed that the Covid-19 pandemic severely affected the country's economy,
285 food security, and income distribution factors, mainly affecting families with low levels
286 of education and high dependence on income from work.

287

288 *3.3 KeyWords Plus analysis*

289 Based on the previously evaluated bibliometric indicators, it was identified that
290 there is a correspondence between the number of published papers and the time frame
291 from 2020 to 2023, where the most significant number of publications was in 2020 and
292 2021 (Figure 2c). Therefore, a different search strategy was adopted, based on KeyWords
293 Plus, to evaluate the conceptual structure related to the theme of the present study. This
294 algorithm improves bibliographic searches by identifying recurring terms (words or
295 phrases) in the titles of papers organized in the reference list (Clarivate, 2022). In general,
296 its use allows for retrieving a more significant number of papers containing a
297 condensation of information on primary and secondary topics of interest.

298 Using this search tool, it was possible to locate 1070 papers distributed among the
299 10 most relevant scientific journals (Figure 4). The Journal of Hunger & Environmental

300 Nutrition had the highest number of publications (336) in the period under study;
301 however, among the 10 journals, this one has the lowest impact factor (IF) (1.770),
302 followed by Nutrients and Appetite with 172 publications (FI of 6.706) and 170
303 publications (FI of 5.016), respectively. From an opposite perspective, it was observed
304 that in this ranking, the journals with the lowest number of publications (≤ 41) had FI
305 ranging from 4.996 (Scientific Reports) to 7.146 (Food Security), demonstrating the fact
306 that despite the low level of publications in this period, these presented a reasonable
307 citation count in the collection of WoS journals, considering the citations and publications
308 of the two previous years that are used for the calculation of the IF.

309 The IF analysis indicates the quality and contribution of these publications to a
310 field of study (Garfield, 1980). Therefore, we adopted the strategy of sorting these
311 publications by number of citations in descending order and analyzing the 500 most cited
312 papers through different approaches. The Word Cloud (Figure 5a) highlights hunger as
313 the most frequent word in the title of scientific papers, followed by health and obesity. In
314 general, the recurrent words identified by KeyWords Plus are interrelated with the co-
315 occurrence map of authors' keywords (Figure 3), with both strategies having a reasonable
316 level of information agreement. The thematic evolution analysis (Figure 5b) showed that
317 between 2018 and 2020, the most recurrent words were hunger and obesity, also reflecting
318 the type of food adopted by populations in the pre-pandemic period.

319 Studies carried out in different countries on consumption habits during the
320 pandemic showed an increase in the consumption of snacks, bakery products, and
321 alcoholic beverages; on the other hand, it seems that the consumption of fast foods
322 differed in different countries (Chenarides *et al.*, 2021; Bakaloudi *et al.*, 2022; Souza *et*
323 *al.*, 2022). For example, in Brazil (Souza *et al.*, 2022), consumption has increased; in the
324 US (Chenarides *et al.*, 2021), it has decreased.

325 Between 2021 and 2023, the term hunger was interconnected with health,
326 suggesting that different studies relating to these terms were developed in this period.
327 2022 was the year with the highest number of confirmed cases of individuals with
328 COVID-19 in two moments, on January 17 (23,390,619 cases) and December 19
329 (44,875,026 cases) (World Health Organization, 2023), a period that also presented a
330 more excellent scientific production relating hunger and health. These two moments of a
331 high number of individuals with COVID-19 are possibly related to local epidemics, as
332 pointed out by Matteson et al. (2023) study with genomic, mobility, and epidemiology
333 data, being driven by the dynamics of regional transmission and between international
334 borders, due to the reduction of public health interventions.

335 The MCA (Figure 5c) separated the conceptual structure into two groups, and its
336 dimensions (Dim 1 and Dim 2) showed a total explained variance of 70.90%. This
337 indicates that the 500 papers used for these analyzes have a level of information alignment
338 (> 70%). Words located far from the central region of the map have a higher level of
339 contribution to generating the dimensions, and the location in a negative area indicates
340 that the words are underused in the titles of scientific papers. The group with the largest
341 number of words generally has more significant heterogeneity, and these are related to
342 studies that addressed problems of the environment, agriculture, food security, and
343 physical and mental health. In the smaller group, words are related to nutritional studies
344 of individuals.

345

346 *3.4 Future perspectives*

347 The clusters shown in Figure 3 provide a diagnosis of the situation and, at the
348 same time, allow a listing of the strategic challenges to mitigate the problems, which are
349 concentrated in food insecurity, hunger, and inadequate nutrition, resulting in global

350 systemic problems, more impactful in some countries, notably from Africa, and from
351 South and Central America. The solutions fit the intentions of the 17 SDGs, which have
352 their structuring basis in local and global governance. There will only be success with this
353 interlocution, given that the SDGs are interconnected and synergistic and depend on
354 international cooperation. This was proven when the pandemic began in 2019/2020. It
355 was not the physical blockade that brought the definitive solution to the problem, nor the
356 competitive rhetoric. It was science and cooperation that, in 6 months, already offered
357 efficient and effective vaccines.

358 Most countries recognized the SDGs as strategic and developed an action plan and
359 goals at the international level. However, studies indicate that progress has been made,
360 but far below what was planned. Some countries reached practically the full extent of
361 actions, while others reached less than 30% of the proposed (Millennium Institute, 2023).
362 The fact is that the macro problems persist and demand political and scientific-
363 technological actions. Here, given the research results, we will propose some scientific-
364 technological challenges.

365 In the induction of this research, the hypothesis was launched that food losses
366 could guide a cluster. This was not detected. The most likely cause of this result must be
367 related to the scientific profile of the journals considered in the research, which address
368 aspects of nutrition, hunger, food safety, food safety and insecurity, health, food
369 production, psychology, and economics. Even so, it was decided to propose the first
370 strategic challenge, which is more pragmatic and perhaps more tangible. Around 20% of
371 the food produced is lost, equivalent to 2x the total annual production generated in Brazil
372 (one of the largest food producers). This loss includes disposal shortly after harvesting or
373 collection, processing and post-processing, and final feed preparation. If we have the non-
374 use of potential co-products, the losses go to something close to 30%. These losses are

375 severe because they occur when the input of inputs and other production components has
376 already happened, vigorously attacking at least 10 SDGs. This situation is unacceptable
377 since we have the knowledge and technologies to prevent these losses below 5%.

378 The second challenge is related to the evidence of climate change, which already
379 demands the generation of technologies and inputs more suitable for food production in
380 more adverse conditions than the current ones. Historically, actions in food production in
381 unfavorable regions were guided by coping with overcoming the agent causing the
382 problem: if there is water deficiency, irrigate; if there is salinity, desalinate; if there is
383 excess radiation, shading, and so on. This logic will still be practiced for many decades,
384 considering it solves the problem. However, a new path is being strengthened. We are
385 talking about plants, animals, and microorganisms that are more tolerant to drastic
386 variations in temperature, sun exposure, UV radiation, water restrictions, and salinity,
387 among others. At the same time, there is a need to mitigate greenhouse gas emissions
388 (GGE), mainly CO₂, CH₄, and NO. This reduction in generation and/or emissions needs
389 to be agreed upon within the scope of agriculture, industry, and urban ecosystems. In the
390 specific case of food production, significant progress has been generated based on
391 knowledge of the primary sources of GGE and in developing intelligent agricultural and
392 livestock production technology capable of reducing GGE emissions by 25 to 30%. This
393 is the case of soil management with coverage in synergy with symbiotic microorganisms
394 and N recyclers (even in non-Fabacea), microorganisms and biostimulators that generate
395 defense induction in plants, plants, and signaling metabolites in plant-plant
396 communication, plant-animal, plant-microorganism.

397 With population growth and advances in SDGs, particularly SD1, the perspective
398 is of a growing demand for food. Here lies the third challenge. There is a need to produce
399 more in the same area and sustainably. Assisted by innovative technologies, classic

400 genetic improvement is decisive in this advance. Decision-making will come from
401 prospecting for new species, germplasm banks, selection of varieties, generation of
402 mutants, and gene editing. All these options are based on tangible knowledge generated
403 by omic strategies. Searches will be directed towards varieties and cultivars that are more
404 adapted, remedial, with a high productivity ceiling, greater tolerance to biotic and abiotic
405 stressors, and biofortified in minerals and/or vitamins limiting human nutrition. Thanks
406 to the advances generated by omics and bioinformatics instruments, which make it
407 possible to start from complex matrices and reach the detail of the genetic, epigenetic,
408 and functional map of organisms, building integrative biology, the generation of cultivars
409 adapted to stressful conditions are already materialized and, by at the same time, with
410 high productivity and high concentration of bioactive compounds.

411 The cluster analysis generated in this research (Figure 3) also points to the
412 unstable situation when seeking comprehensive health (humans x animals x plants x water
413 x air x microbiota). Here lies the fourth challenge. Notably, two nodes stand out in this
414 theme: food safety and quality, the latter from the perspective of adequate nutrition. For
415 example, obesity is a frequent focus (with exceptions) in studies based on populations
416 with food insecurity. But, returning to the issue of food security (food security, nutrition,
417 health, agriculture, poverty, sustainability), the priority is to emphasize the appreciation
418 and respect for local cultural values with the safe production of food. When talking about
419 safe production, emphasis is placed on preventing chemical, biological, and physical
420 hazards.

421 There is an interconnection between the diet of individuals and physical and
422 mental health. Studies show that the intestinal microbiota of individuals in a healthy
423 mental health state differs from the microbiota found in individuals with depression, with
424 the types of microorganism present being influenced by diet. The act of eating is part of

425 the system or way of life adopted in different countries around the world, where the habit
426 of a more natural diet, made with foods with reduced input of chemical additives, rich in
427 beneficial nutrients, results in the promotion of a healthy state healthier physical and
428 mental health, reducing the risk of mental disorders. This is due to the stimulation of brain
429 neurotransmitters that release satiety and happiness hormones and perform regulatory
430 functions such as insulin that controls blood glucose. This “harmonious” state is far from
431 the reality of food-insecure individuals with a mental disorder, a fact that increased
432 substantially during the pandemic due to restrictions and limited access to healthy foods.
433 Future guidelines should enable public policies for access to more nutritious foods in
434 times of crisis and interventions for the negative impacts on mental health.

435 Finally, these perspectives presented will consolidate themselves as relevant or
436 not in a concise future, considering that we will have, in a maximum of two years, the
437 production of scientific knowledge about the financial, educational, behavioral, food, as
438 well as physical, and health impacts mental health in people's lives in several countries.

439

440 **4 Conclusions**

441 Using bibliometric tools, using the co-occurrence of authors' keywords and
442 KeyWords Plus as data analysis strategies, making it possible to assess the association
443 relationships and putative interference that the pandemic had with food insecurity.
444 Scientific works are unanimous in associating/linking the pandemic with food insecurity
445 and its intrinsic events, such as hunger, obesity, nutrition, food safety, and agriculture.
446 Likewise, virtually all research (papers) points to strategic actions to reduce the problems
447 arising from the pandemic (loss prevention, mitigation and adaptation to climate change,
448 international collaborative efforts, comprehensive health, and commitment to the SDGs)
449 from a perspective to mitigate food insecurity. Finally, most works argue that the

450 pandemic interfered with the worsening of food insecurity, although this statement is
451 made from a theoretical and empirical perspective. The research studies that started at the
452 end of the pandemic, now declared under control at the international level (Briefing,
453 2023), will test this hypothesis. The results will likely be released by 2024, as is the case
454 with the Epicovid studies, which are being carried out on virtually all continents, seeking
455 to understand the dimension of the impact of the pandemic by Sars-Cov-2 and mutants
456 on people's lives.

457

458 **Declaration of Conflict of Interest Statement**

459 The authors declare that they have no conflict of interest.

460

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610 Figure 1 – (a) Steps for mining and (b) analyzing data extracted from scientific papers
611 related to food security and hunger.

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(a)

DATA RECOVERY - TOPIC TERMS USED

Terms used for article recovery:

"hunger" or "food security" and "food sovereignty" and "food safety" and "food insecurity" and "covid-19 pandemic"

Recovered data information:

- Total of papers: 7754;
- ≈ 90% of the papers are experimental;
- ≈ 94% of the papers were written in English;

(b)

BIBLIOMETRIC ANALYSIS

Analysis of publications by:

- Research areas – Top 10;
- Geographic distribution – Top 15;
- Years (2018 – 2022).

Analysis of authors Keywords by:

- Bibliometric map (in VOSviewer).

New search:

Analysis of KeyWords Plus by:

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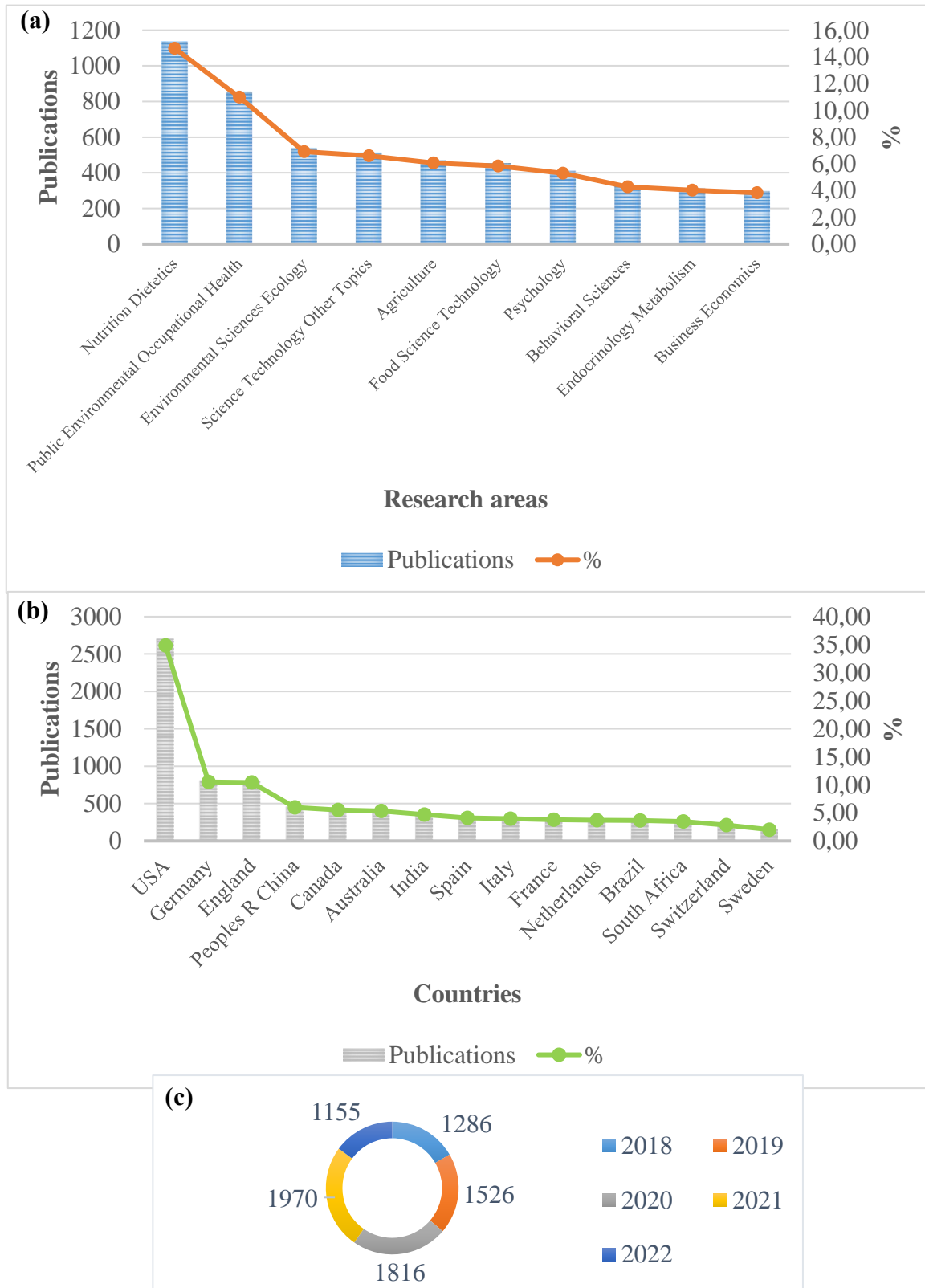
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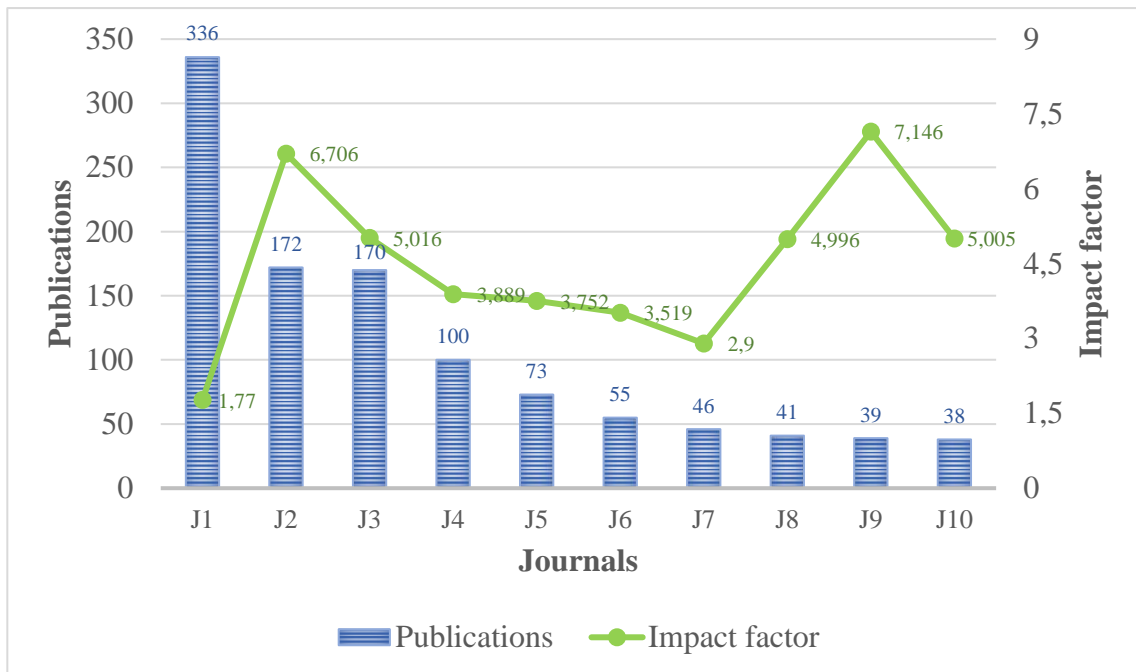
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630 Figure 2 - Indicators of publications by (a) research areas (Top 10), (b) geographic
 631 distribution (Top 15) and (c) total publications per year related to food security and
 632 hunger.



635 Figure 4 - Impact of scientific productivity related to food insecurity and the COVID-19
 636 pandemic from 2020 to 2023.



637 J1: Journal of Hunger & Environmental Nutrition; J2: Nutrients; J3: Appetite; J4: Sustainability; J5: Plos
 638 One; J6: International Journal of Environmental Research; J7: Physiology & Behavior; J8: Scientific
 639 Reports; J9: Food Security; J10: Frontiers in Sustainable Food Systems.

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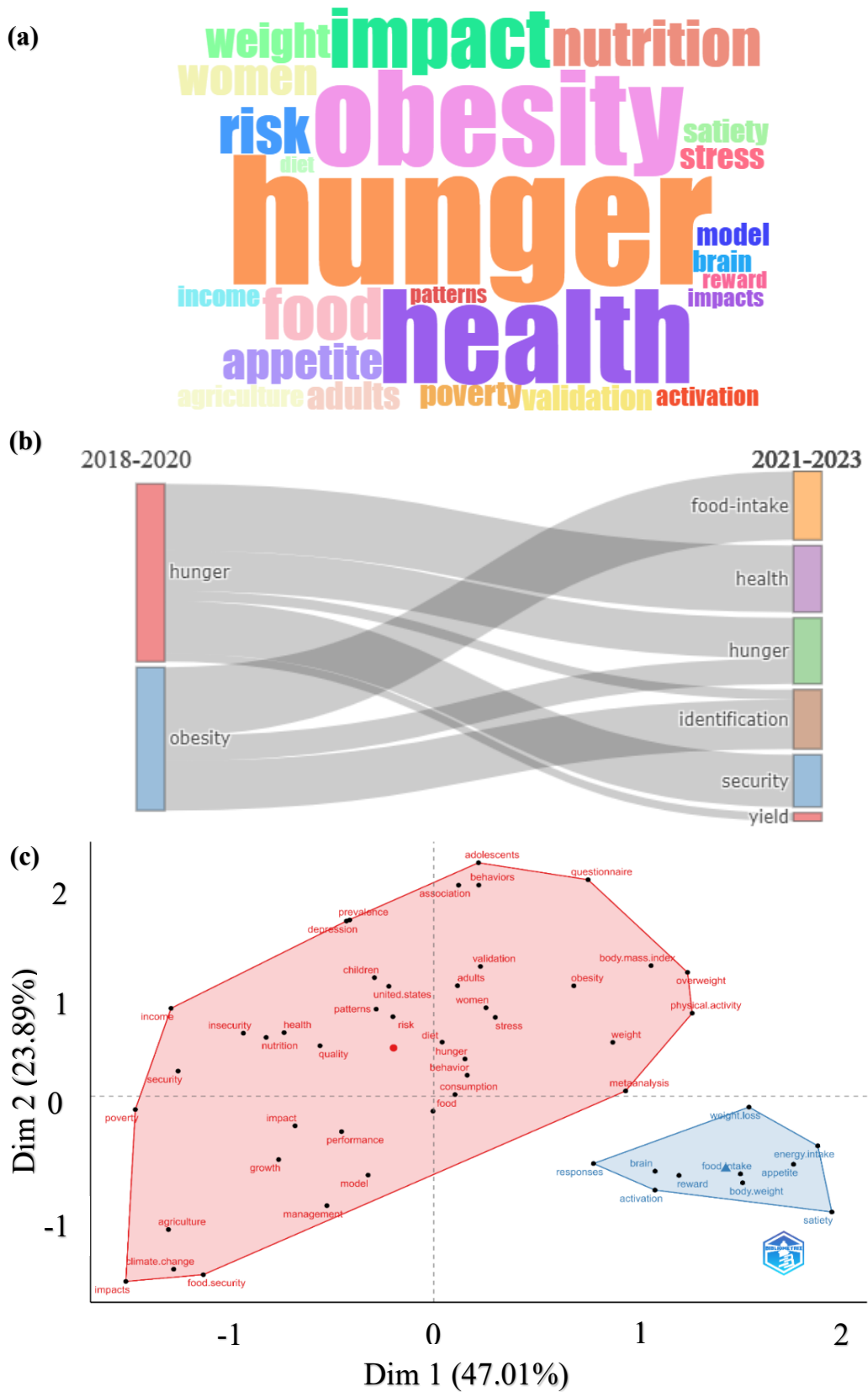
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652 Figure 5 - Conceptual structure analysis by (a) WorldCloud, (b) thematic evolution and
 653 (c) MCA of words related to food insecurity and the COVID-19 pandem



Declaração de contribuição dos autores

Autor 1: pesquisa bibliométrica e escrita do artigo

Autor 2: Elaboração dos gráficos e escrita do artigo

Autor 3: Orientação geral do trabalho

Autor 4: Pesquisa e escrita

Autor 5: Correções e escrita

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